

# Free Family Caregiver Webinar



## Caregiving Raw and Real: What No One Tells You

An online panel discussion with family caregivers

April 23, 2025 | 10 - 11 a.m. MST/Arizona

Caregiving can be one of the most rewarding—and harrowing—roles of your life. You've stepped up to a great calling. But let's be real—it rubs you raw. You feel like running away. You get in your car and scream till you're hoarse. Then, you carry on. Repeat. Repeat.

### A Space for Honest Conversations

In honor of Parkinson's Awareness Month, Duet: Partners In Health & Aging is featuring a panel of family caregivers tending to a loved one with this disease. Their experiences parallel the situation of any caregiver, so all can relate. They will discuss their deepest, darkest thoughts. No sugarcoating. No pretending it's easy. You'll nod your head knowingly as you hear what you have dared not say out loud, but you know in your heart. You're not alone feeling as you do.

### Connection, Understanding, Encouragement

These panelists are brave to discuss their honest feelings openly. And they are brave to soldier on. You'll be able to ask questions and share your comments if you choose. This is caregiving—the raw, the real, the relentless. Join us for this intimate conversation about the real low down.



Register



<https://bit.ly/caregivingreal>

Sponsored in part by

