



Our Vision

To promote health and well-being through vitally needed services to homebound adults, family caregivers, faith communities, and grandfamilies.

"Kari is excited to be back in ballet (after a year of lockdown), and being able to take a tumbling class is icing on the cake. I'm so appreciative to Duet's help in making it possible for her to experience the world of dance."

BONNIE, GRANDPARENT RAISING A GRANDDAUGHTER



"Monthly networking meetings have been helpful... Even though I live in Tucson, I'm very appreciative to be able to attend your virtual meetings."

LOUISE, FAITH COMMUNITY NURSE

"I receive great comfort and understanding in knowing that I am not alone. Others are on this journey too, and I learn from them. It is satisfying to feel that I have helped others too."

ELAINE, FAMILY CAREGIVER



"Not only does he take me to my doctor's appointments, we go shopping together. From someone who's never needed help, I couldn't survive without the donations that help provide Duet volunteers."

BOB, HOMEBOUND ADULT



A MESSAGE FROM THE EXECUTIVE DIRECTOR, ANN WHEAT

This year at Duet brought many triumphs and opportunities to press onward and upward together. Upon the passing of our beloved founder, The Rev. Dr.



Dosia Carlson, on January 13, 2021, we took pause to honor her memory and steadfast commitment to the tens of thousands of vulnerable older adults served over the past 40 years. This reflection

reignited our commitment to her vision of a community where every person ages with compassion, dignity, and hope, empowering us to shake off the setback of a global pandemic to keep moving ahead—gaining positive momentum—in partnership with you.

Our homebound services volunteers doubled-down on their commitments, helping more than one homebound adult, sometimes as many as three, at a time during the summer months when temperatures averaged 106°F. Our volunteer heroes also transported 150 seniors to their COVID-19 vaccine appointments.

Our grandfamilies, hit especially hard by the pandemic, received critical help through Duet’s new short-term bilingual case management services. Respite funding provided 7,725 hours of supervised activities to grandchildren raised by their grandparents, bringing a much-needed break—and joy—to these families.

Our family caregiver services team continued in-person and virtual offerings to ease caregiver stress and help eradicate our nation’s epidemic of loneliness. With a federal grant, Duet’s *Finding Meaning and Hope* video discussion series for dementia family caregivers was shared across Arizona and the nation through our new virtual community of support—the Meaning & Hope Institute (meaningandhope.org).

Our congregational health services virtually certified five new faith community nurses through its Foundations of Faith Community Nursing course. Faith community nurses gave countless hours helping their congregants and communities to navigate the monumental challenges of the pandemic, walking alongside many as they grieved the loss of loved ones.

Lastly, through the work of our Board of Directors and leadership staff, a comprehensive four-year strategic plan was created. It is a thoughtful and exciting roadmap that will guide us into the future. We thank you, our partner, for all that you do to keep Duet’s positive momentum going.

STRATEGIC PLAN GOAL

August 2021 - December 2024

GOAL I



Duet invests in and grows strong services with measurable impact

GOAL II



Duet generates abundant, sustainable, and diverse funding streams

GOAL III



Duet significantly increases visibility and inspires people to access services, volunteer, and give

GOAL IV



Duet leverages technology to improve internal and external efficiency, responsiveness, and accessibility

GOAL V



Duet builds core organizational capacity to create optimum conditions for success

Guiding Principle

Inclusiveness: Embracing all people into our community of care.

Compassion, Dignity, and Hope Made Possible by Generous Supporters Like You



Family Caregivers

628 family caregivers gained help and hope in their caregiving journeys

97% of family caregivers benefitted from their support groups



Congregational Health

5 registered nurses trained virtually through Duet's Foundations of Faith Community Nursing course

130 faith community nurses (duplicated count) received continuing education and support through networking groups



Homebound Adults

368 homebound adults received personalized help from 299 compassionate volunteers

90%

of homebound adults served reported that they were better able to live in their homes independently because of the volunteer assistance received

10,099

self-reported hours of volunteer time such as grocery shopping, rides to medical appointments, and friendly visits helped homebound adults receive access to food and healthcare and fight isolation

92%

of our volunteers who help homebound adults report that their life is enriched by their volunteer experience



Grandfamilies

317 grandparents and **534** grandchildren were equipped with resources to thrive together as grandfamilies

90% of grandparents felt more confident in their roles after attending Duet's virtual workshops



Your support makes it possible for our services to be offered free of charge.

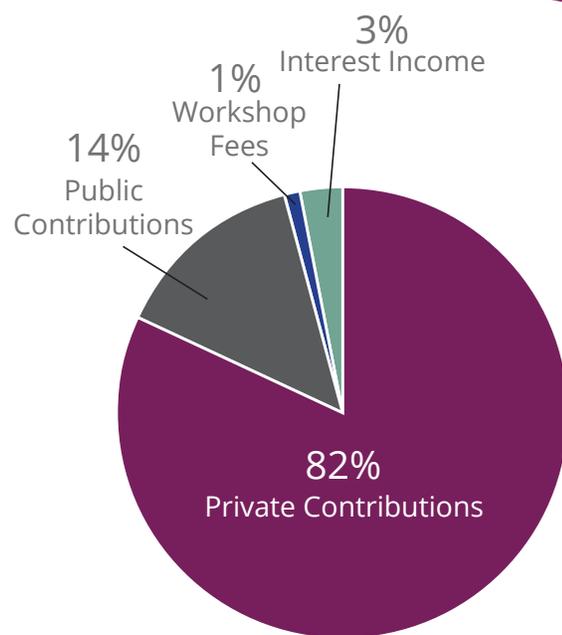
Our Mission

A community where every person ages with compassion, dignity, and hope.

FINANCIALS

Income

Private Contributions	\$1,878,703
Foundations, Grants, and Corporations	\$1,254,915
Fundraising Events (net proceeds)	\$93,519
Individuals/Estate Gifts	\$521,594
Faith Communities	\$8,675
Public Contributions	\$318,105
Area Agency on Aging, Region One	\$205,318
City Funds and Block Grants	\$112,787
Workshop Fees	\$13,897
Interest Income	\$75,071
TOTAL	\$2,285,776



Where Your Gifts Were Spent

Services	\$1,054,126
Homebound Adults	\$369,096
Family Caregivers	\$303,515
Grandparents Raising Grandchildren	\$280,309
Congregational Health	\$101,206
Management & General (Supporting our Services)	\$345,680
Sustaining and Expanding our Services (Fundraising)	\$345,794
TOTAL	\$1,745,600
Total Ending Net Assets	\$2,200,751
Value of Time Donated by Duet Volunteers	\$288,225
Change In Net Assets	\$540,176

Visit duetaz.org/about-us/ for our 2021 audited financials, 990, and electronic version of our Community Impact Report.



**Volunteer.
Donate.
Ask for Help.**

To learn more about Duet and how you can get involved, call (602) 274-5022, or visit duetaz.org.