

Duet News

• FOR GRANDPARENTS RAISING GRANDCHILDREN •

From the Director's Desk

BY **PATRICIA DOMINGUEZ** MSW,
DIRECTOR OF KINSHIP CARE SERVICES

Greetings from the kinship care services team! We hope you all survived Halloween and its spookiness. **November** is the month of **giving**, which is something we value deeply. Giving back to the community and less fortunate is a founding principle for us. Even though serving our grandfamilies looks different during the pandemic, we want you to know we are up and running, even though most are virtual. If you haven't had a chance to participate due to technical difficulties, **call so that we can assist you.**

Last month's visit to the Wildlife World Zoo was a success and brought a sense of normalcy to families and staff. Stay tuned, because we have a lot of fun events and workshops coming up for you all.

As the community slowly but surely is starting to reopen, please don't forget about our **REGULAR RESPITE** services.

Call today to see if you qualify. 

Medicare Education and Guidance Workshop

Enrolling can be complicated and hard to navigate on your own. Good news – Next Chapter Wealth Management Advisor Justin Cairns will be hosting a workshop on Medicare eligibility and enrollment periods, how to choose the right coverage, and understanding changing circumstances.

When: **Saturday, November 14, 2020**

Time: 10 a.m. - 11:30 a.m.

Where: Online Platform

RSVP: **REQUIRED** best@duetaz.org
(602) 274-5022, ext. 114 

Impact of Childhood Trauma Workshop

Create an understanding of the biochemical, physiological, and anatomic changes that happen to individuals who experience childhood trauma. Learn how those changes impact children throughout their lives, as well the best ways to support those impacted by trauma. Presented by trauma specialist Angie Geren.

When: **Saturday, November 21, 2020**

Time: 10 a.m. - 12 p.m.

Where: Online Platform

RSVP: **REQUIRED** best@duetaz.org
(602) 274-5022, ext. 114 

Painting on a Saturday Afternoon


Businesses starting to reopen gives our families an opportunity to get out of the house. Join us, for a paint event in the park. Sharon Meinders, will guide us through an interactive class where we make fun art (not fine art). This event is only for grandparents or relative caregivers (no kids). Materials will be provided. Even though this is in-person, we still require everyone to adhere to our social distancing guidelines and wear a mask. Space is limited. Call now!

When: **Saturday, November 21, 2020**

Time: 2 - 4:30 p.m.

Where: Rio Vista Recreational Center
Ramada 8

8866 West Thunderbird Road
Peoria, AZ 85384

RSVP: Required **Friday, November 13**
best@duetaz.org 
(602) 274-5022, ext. 114





Duet

Partners In Health & Aging

Legal Guidance and Assistance

In Maricopa County, we help grandparents determine appropriate legal options for their unique situations. We offer funding to pay for the preparation of legal documents (restrictions apply). Informal caregiving begins when grandparents assume temporary parenting responsibilities while their adult child "gets it together." However, grandparents may face difficulties in raising their grandchildren without formal custody. Securing formal custody helps grandparent's access support services and provides greater stability for grandchildren.

For more information please call Patricia Dominguez, (602) 274-5022.

Duet: Partners In Health & Aging
10000 North 31st Avenue, Suite D200
Phoenix, Arizona 85051

(602) 274-5022
www.duetaz.org / info@duetaz.org

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Join Us for Grandparents Support Groups

Has this pandemic made you feel particularly exhausted and irritated? If so, you are NOT ALONE. During these difficult times, it can be healthy and beneficial to connect with other grandparents and kinship caregivers who are in similar situations. **This is what our virtual support groups are for.** We vent, laugh, cry, and share resources with one another in a non-judgmental manner. Join us for the next session. We promise it will make you feel better. Participating is easy, as the link sent via email takes you directly to the meeting.

When: Wednesday, November 4, 2020, 9 - 11 a.m.
Thursday, November 5, 2020, 6 - 7 p.m.
Wednesday, November 18, 2020, 9 - 11 a.m.

Where: Online Platform

RSVP: REQUIRED best@duetaz.org
(602) 274-5022, ext. 114 