



Families Together

A Grandparent Workshop

In collaboration with Terros, Duet is hosting this four-sessions workshop.

Families Together is an evidence-based life-skills program designed to help grandparents/kinship caregivers strengthen communication with the youth in their care. The ultimate goal is to equip grandparents with tools necessary to influence the children's behaviors, resulting in easier and healthier transitions into adolescence.

Sessions (6-7 p.m.)	Focus Topic
Session 1 (September 17)	Family communication and substance use in youth
Session 2 (September 24)	Parental monitoring and role modeling
Session 3 (October 8)	Positive discipline and substance abuse warning signs
Session 4 (October 15)	How to take a clear stand on drugs

What you need to know:

- **RSVP by Friday, September 4**, to secure a spot and allow enough time for us to mail workshop materials to you.
- This series is virtual and will take place via Zoom.
- This workshop is free of charge.
- There will be raffles at each workshop session where you'll have the chance to win gift cards.
- If requested, you are able to earn up to four certificate hours for licensure purposes.

Services for grandfamilies are made possible through the partnerships with Area Agency on Aging, Region One and other generous individuals.



Duet

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