

Duet News

• FOR GRANDPARENTS RAISING GRANDCHILDREN •

From the Director's Desk

BY **PATRICIA DOMINGUEZ MSW,**
DIRECTOR OF KINSHIP CARE SERVICES

Happy New Year! We here at Duet hope your holidays were full of happiness, joy, love and peace!


A New Year brings an opportunity for growth and hope. We have been committed to supporting Grandfamilies for the past 22 years. Our resolution is to enhance the quality of life and well-being of the family. Whether you're looking to learn more about how to cope with the

circumstances in raising a child again, wanting to come together with others in similar situations or simply just need a break: Duet is here to help!

Some fun ways to ring in the New Year:

- **Make time for family goal setting:**
 - It's a family affair! Setting goals as a family of positive behaviors for kids, teens and adults with charts, stickers and different colors.
- **Sometimes the family needs a break:**
 - You don't have to break the bank to do so. Staycations, picnics, and family outing opportunities with Duet are available.

- **Sometimes you need a break:**
 - Duet offers opportunities for well-being such as our support groups and respite opportunities for the caregiver.

We hope that you get the support you deserve. We have geared up some wonderful activities centered around the family this year. We hope to see you at one of those events, workshops, and/or groups. We love learning about our families and how to best support you. We wish you a prosperous, happy and healthy year ahead! 

Gaining Guardianship of Your Grandchild

Grandparents and other relatives who care for children often face legal issues, whether it's dealing with custody or guardianship, or simply getting a child medical care. Do you know whether you need to be the legal guardian of your grandchildren? We can help answer that question. If you are raising a grandchild or a minor relative in Arizona, you will need formal custody to obtain benefits such as healthcare or to enroll the child in school. While the legal process to gain custody can be complex and overwhelming, Duet is here to help.

We have partnered with the Children's Law Center (Volunteer Lawyers



Program) to provide a **free** clinic to help you complete the proper paperwork. A volunteer attorney will guide you through a guardianship petition, provide legal advice, and answer questions regarding uncontested guardianship.


Space is limited and reservations are required.

When: Friday, February 10, 2017

Time: 3:00 – 5:00 pm

Where: Duet
555 West Glendale Avenue
Phoenix, AZ 85021

Cost: Free!

RSVP: Required; Contact Patricia
(602) 274-5022, Ext 31. 



Group Activities for Families:

Grandfamily outings are offered to grandparents and to the children they are raising. Other family members are welcomed to attend outings at the full rate and when availability allows. *Please remember RSVP is needed for all Grandfamily outings and special events.*

Grandfamilies Movie Night -The Secret Life of Pets



It's that time again! Join us at our quarterly movie night at Duet. Leave the popcorn popping to us! Come for a fun-packed evening that is free, free, free! Bring your family, friends, lawn chairs and blankets. We'll provide the rest...including pizza, popcorn, snacks and drinks. See you there!

When: Friday, January 27, 2017
Time: 6:00 - 8:30 pm
Where: Duet, Carlson Community Center
555 West Glendale Avenue
Phoenix, AZ 85021
Cost: Free!
RSVP: Required by **Friday, January 20.**
Contact Patricia at
(602) 274-5022, Ext. 31 🦋



Annual Grandfamilies Picnic



Springtime means "picnic time" at Duet! We're planning a special event for grandparents and the children they are raising at our Annual Grandparents' Picnic. Please join us for this wonderful afternoon. Children delight in the outdoors, playing games, and having their faces painted. Grandparents are able to relax, meet new friends and enjoy "creating memories" with their grandchildren. Each year more than 100 people participate.

Save the date so you don't miss out. We love to share fun AND food, so plan on bringing your favorite dish to share with other families. We hope to see you there!

When: Saturday, February 25, 2017
Time: 12:00 - 3:00 pm
Where: Sahuaro Ranch Park
9802 N. 59th Ave.
Glendale, AZ 85302
Cost: Free!
RSVP: Required by **Friday, February 10.**
Contact Patricia at
(602) 274-5022, Ext.31 🦋

Amazing Animals!



Join us for a fun-packed and educational adventure. The Wildlife World Zoo & Aquarium is 95-acre zoo and aquarium. This beautifully landscaped campus, offers you a magnificent view of exotic wildlife and endangered species. If you are a grandparent who is raising your grandchild, we would like to invite you to come out and enjoy a day at the Wildlife World Zoo! It's definitely a sight to see! We are encouraging families to pack a picnic lunch into an ice chest.

When: Saturday, March 18, 2017
Time: 10:00 am
Where: Wildlife World Zoo
16501 W Northern Ave.
Litchfield Park AZ 85340
Cost: \$5 for per person
RSVP: Required by **Friday, March 3.**
Contact Patricia at
(602) 274-5022, Ext. 31 🦋



Active Parenting of Teens: Families in Action

There's no denying it: parents and teens are often at odds. But in today's society where children seem to become adults overnight and where they often make decisions about drugs, sexuality, and violence before they understand the consequences.

It's more important than ever that parents and teens build strong relationships and learn skills to handle the challenges that lie ahead. Let's come together to become skilled in effective communication, identify risky situations and break down any barriers for a healthy and strong relationship.



- Dates:** Saturdays, January 21, January 28, and February 4
- Time:** 9:00 am – 12:00 pm
- Cost:** Free! (materials and lunch included)
- Where:** Christ Evangelical Lutheran Church
918 S. Litchfield Rd.
Goodyear, AZ 85338
- RSVP:** Required by **Monday, January 16**. Contact Patricia at (602) 274-5022, Ext.31. ✂

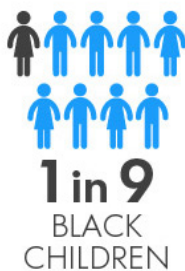
Children of Incarcerated Parents

For children who have experienced the trauma of parental incarceration, life is not easy. They may become victims of emotional, physical and/or sexual abuse. This workshop will assist grandparents raising grandchildren in answering questions children may have regarding their incarcerated parent, the visitation and communication with their incarcerated parents and available resources. Light refreshments will be provided.

- When:** Saturday, March 4, 2017
- Time:** 10:00 am - 12:00 pm
- Where:** Ocotillo Library & Workforce Literacy Center
102 W. Southern Ave
Phoenix, AZ 85041
- Cost:** Free! (Light refreshments)
- RSVP:** Required by **Friday, February 24**. Contact Patricia at (602) 274-5022, Ext. 31 ✂



PARENTAL INCARCERATION



More than 5 million U.S. children have an incarcerated parent.

SOURCE: Child Trends' analysis of the National Survey of Children's Health
Janet Loehrke, USA TODAY





Duet: Partners In Health & Aging
555 West Glendale Avenue
Phoenix AZ 85021

(602) 274-5022
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Thank You to Our Funders!

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Sharing Groups for Kinship Caregivers

January

January 12, Thursday, 9:00 – 11:00 am
January 26, Thursday, 9:00 – 11:00 am
Duet, Lounge
555 West Glendale Avenue
Phoenix, AZ 85021

January 24, Tuesday, 1:00 - 2:30 pm
Buckeye Community Center
201 E Centre Avenue
Buckeye, AZ 85326

February

February 2, Thursday, 6:00 – 8:00 pm
Bethlehem Lutheran Church
2745 N 32nd Street
Mesa, AZ 85213

February 9, Thursday, 9:00 – 11:00 am
February 23 Thursday, 9:00 – 11:00 am
Duet, Lounge
555 West Glendale Avenue
Phoenix, AZ 85021

February 28, Tuesday, 1:00 - 2:30 pm
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