



**Duet**

Partners In Health & Aging

2013 ANNUAL REPORT



We are most grateful to all partners in service who made it possible for Duet to provide life-changing support to thousands of people in 2013. Generous gifts of time and dollars multiplied as individuals received compassionate help that in turn saved millions of dollars for taxpayers.

Because people are living longer and our aging population continues to grow, increasing numbers of people need Duet’s services. For example, the US Census Bureau’s American Community Survey estimates that 69,341 people in our service area have difficulty with transportation and shopping – Duet’s two most frequently requested volunteer services. Numbers are also staggering for caregivers, grandparents raising grandchildren, and people needing health promotion services.

Efforts are underway to build capacity and increase services. Duet was honored to be selected as one of six nonprofits by the Virginia G. Piper Charitable Trust to participate in ATLAS, their two-year capacity-building initiative. Board and staff members are working with determination to bolster our infrastructure so that vitally needed services will flourish.

What more will it take to serve ever-growing numbers of people needing Duet’s high quality, cost-effective health and aging services? Greater awareness is key. Please inspire others to volunteer, donate, and request help by sharing your story of involvement. Your networks may include family, colleagues, faith communities, neighbors, businesses, friends, and others. Please also consider increasing your financial support. Your gifts of time and dollars will move our cause closer to achieving our vision of fully meeting the demand for Duet’s vital services.

We cherish your partnership.

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**Jack Marks**  
President, Duet  
Board of Directors



**Elizabeth Banta, MC**  
Executive Director, Duet





## Caregivers

A caregiver is anyone who provides unpaid care for a loved one. Many family members and friends do not consider such care “caregiving”—they are just doing what comes naturally to them. But that care may be required for months or years, and can take an emotional, physical and financial toll. Duet helps by providing support groups, respite, workshops, retreats, guidance, and referral information.

Irene and Luis Lopez have been married for 31 years. Irene recalls there was a special connection from the first time they met. On their first date, she said it was his dancing skills that convinced Irene that Luis was a keeper.



Irene Lopez, caregiver for her husband Luis who has Alzheimer's

Then 13 years ago, Irene noticed this once athletic and hard working man began forgetting basic tasks. Luis was diagnosed with Alzheimer's disease. As it progressed, Luis, who was still physically strong but with a failing memory, would become angry and aggressive. “We just went on like that until it was too much for me to handle,” recalls Irene.

Eventually, Irene needed to place Luis in a facility. “It was an agonizing decision, but he is happy there.”

Irene attends support groups offered by Duet to get the “support and strength needed to survive without him at home.” Irene said that the groups are uplifting rather than depressing. “Duet stands out because they guide and comfort you and help you see there is life even through this horrible disease.”

### IMPACT:

- Duet is able to support one caregiver for an entire year for only \$200. Duet's services often extend the time loved ones are able to remain living at home.
- 17% of Americans report they are working full-time or part-time jobs as well as being unpaid caregivers.
- When asked, caregivers share that participation in support groups helps reduce their stress.

### ACCOMPLISHMENTS:

- 12 support groups throughout the Valley helped 676 attendees
- Caregiver holiday forum assisted 36 caregivers
- 2 Un Descansito Spanish caregiver forums supported 64 participants
- A caregiver retreat rejuvenated 28 attendees
- Two online networking groups supported caregivers across Arizona
- 18 presentations were provided for community organizations
- 175 individuals received sensitivity training on how to best serve the aging LGBT community
- 435 caregivers received help through information and referral phone calls
- In total, 402 unduplicated caregivers gained help and hope



## Homebound Adults

### ACCOMPLISHMENTS:

- 48,233 hours of direct service were provided to homebound adult 'neighbors' by volunteers
- 8,342 escorted rides were provided to medical and social service appointments
- 756 neighbors received help from compassionate volunteers
- 218 Thanksgiving meals were delivered
- 179 new volunteers were trained (for a total of 6,185 since Duet's inception)
- 373 new neighbors called in with service requests
- 80 'neighbors' received holiday gifts

Duet matches caring volunteers with homebound elders and adults with disabilities making it possible for them to remain in their own homes. Free-of-charge services include grocery shopping, visits and phone calls, transportation, help writing life stories, paperwork assistance, home safety assessments and repairs, respite, and computer training.

Lillie Cobbs, age 89, is a retired nurse who provided transportation for her older friends and volunteered through her church. That was until her accident, which made it impossible for her to continue driving. Recently, she found



Virginia, left, enjoys taking her Duet 'neighbor' Lillie grocery shopping.

Duet and was matched with Virginia Henderson.

Virginia feels it is a blessing to serve neighbors in need, and relishes taking Lillie grocery shopping and to vital medical appointments. "I have so much fun with her," Virginia said. "You know how you meet some people and you know right away you're going to like each other? It was like that, we just clicked!"

Virginia and Lillie have developed a friendship where they finish each other's sentences, laugh at the grocery store, and teach each other new and interesting things. Lillie shared, "Duet is vital to my life and to the community. I wouldn't make it if I didn't have them...I really wouldn't."

### IMPACT:

- 95% of homebound and disabled adults report Duet helped them remain in their homes. Duet assists 'neighbors' to age in place an average of 2.3 years. This eliminates or defers moves into costly assisted living or nursing home settings.
- Duet's volunteer services result in an annual savings of more than \$10.6 million to Arizona taxpayers and individuals.
- Duet volunteers reduce isolation and loneliness in the lives of older adults.



## Nurses In Faith Communities

There's no greater platform than faith communities for taking healthcare beyond the clinical. Duet empowers nurses through educational opportunities, presentations and a supportive nursing network to create and sustain health and wellness programs tailored to a faith community's specific needs.

Carol Heimann wanted to be a nurse since she was seven and was hospitalized to have her tonsils removed. Nurses came into her room, read her stories and fed her ice chips. It was then that she decided to become a nurse.



Children enjoy a visit from Carol, faith community nurse and 'tooth fairy'

Looking back at this memory, Carol says God was leading her to faith community nursing. Faith community nurses integrate faith and health into a calling that she describes as "deeply rewarding."

Carol attended Duet's foundations class that prepares RNs to serve as faith community nurses. She now serves at Resurrection Lutheran Church where she promotes health in body, mind and spirit in her roles as a health counselor and educator, as well as by making home and hospital visits. "I've always loved being a nurse and I love this form of nursing the most," Carol said.

Carol said the peer support / education groups offered by Duet are a way for nurses to stay connected and gain valuable resources. "This is my network of support and it's a wonderful resource," Carol said. "Duet does so much good for our community."

### IMPACT:

- In 2013, 75 participating congregational health programs delivered \$1,022,400 dollars in free-of-charge health care (based upon a conservative estimate of \$16 per health intervention or screening).
- Health promotion services such as blood pressure screenings are widely recognized as preventing costly and devastating illnesses such as strokes.

### ACCOMPLISHMENTS:

- 63,900+ health interventions provided through Duet's 75 participating faith communities with active congregational health programs
- Served as an information and referral network for faith community nurses, clergy and community service providers - responding to over 1,728 phone and e-mail contacts
- Shared monthly health update newsletters with 279 people interested in congregational health programs
- Presented three (3) Health & Wellness in Faith Communities informational sessions throughout greater Phoenix inspiring 26 attendees
- Trained 23 registered nurses through our Foundations of Faith Community Nursing preparation courses held in Phoenix and Tucson
- Provided continuing education through three (3) monthly support groups (average attendance 23 people per month)





## Grandparents Raising Grandchildren

### ACCOMPLISHMENTS:

- 5 ongoing support groups helped 255 kinship caregivers
- Provided respite assistance to 176 grandparents and 122 grandchildren with 1,057 days of supervised activity
- 993 callers received guidance through information and referral services
- 40 families benefited from free legal assistance
- Coordinated 4 annual family activities: spring picnic, ice cream social, Grandparents' Day hawaiian luau, and a holiday party - 534 people participated
- 7 recreational (*social intervention*) outings encouraged 432 attendees
- Performing arts opportunities enriched 282 adults and children
- A respite overnight retreat to Benson, AZ rejuvenated 36 grandparents
- In total, 906 unduplicated grandparents and 1,359 grandchildren received vital services

### IMPACT:

- Duet helps keep children out of group homes or foster care settings - reducing the tax burden on Arizonans.
  - One child in a group home for a year costs Arizona taxpayers \$46,000.
  - One child in foster care for one year costs Arizona taxpayers \$8,640.
  - Duet's cost to serve one child for an entire year is \$301.

In Arizona, nearly 64,000 grandparents are solely or primarily responsible for the basic needs of one or more grandchildren under age 18. Duet supports kinship families by providing free-of-charge help such as support groups, respite, group activities, benefit counseling, workshops, legal guidance, and accurate referral information.

Karen Gross, 58, adopted her grandchild Elizabeth, 4, in July 2013. For three years, Elizabeth endured her parent's neglect and drug abuse until she was



*Elizabeth and her grandmother enjoy each other*

rescued by her grandmother. Karen feared for Elizabeth's safety - that Elizabeth's father would harm her like he had hurt her daughter. "I told my daughter, I'll keep her until you want her back... and I have had her ever since."

Karen's first experience with Duet was attending a grandparents raising grandchildren conference. Before attending the conference, Karen said she thought she was the only grandparent going through this. Afterwards, she started going to the support groups that Duet offers in Goodyear - just one of many that Duet offers across the Valley. The support group helps her connect with people in similar situations. Karen said that she doesn't have to justify herself in the group. Everyone is simply trying to "help and support one another."

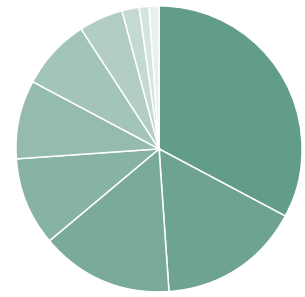
Although raising her grandchild wasn't in Karen's plan, Karen said she absolutely made the right choice. "My granddaughter is my joy. Knowing that she has a chance for a good life means everything to me."



## Financials

### Duet 2013 Income

\$351,104	Foundations, Grants and Corporations	33%
\$172,840	Fundraising Events ( <i>net proceeds</i> )	16%
\$161,350	Area Agency on Aging, Region One	15%
\$103,661	Estate Gifts	10%
\$96,936	Individuals/Memorials	9%
\$80,230	City Funds and Block Grants	8%
\$48,600	In-Kind Occupancy ( <i>Church of the Beatitudes</i> )	5%
\$17,919	Workshops	2%
\$15,270	Faith Communities	1%
\$13,055	Interest Income	1%
<b>\$1,060,965</b>	<b>Total</b>	<b>100%</b>



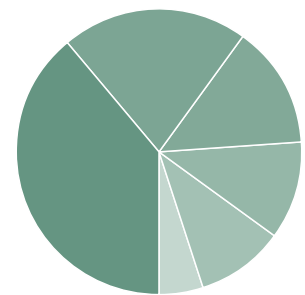
- Foundations, Grants and Corporations
- Fundraising Events (*net proceeds*)
- Area Agency on Aging, Region One
- Estate Gifts
- Individuals/Memorials
- City Funds & Block Grants
- In-Kind Contributions (occupancy)
- Workshops
- Faith Communities
- Interest Income

→ \$ 104,056 - Invested Funds  
*change in fund value*

→ \$1,009,796 - Total Ending Net Assets

### Your Gifts At Work In 2013

\$410,365	Helping Homebound Adults	39%
\$223,858	Guiding Grandparents Raising Grandchildren	21%
\$151,444	Expanding Congregational Health Programs	14%
\$112,945	Supporting our Services (Management & General)	11%
\$108,922	Caring for the Caregiver	10%
\$54,647	Sustaining and Expanding our Services (Fundraising)	5%
<b>\$1,062,181</b>	<b>Total</b>	<b>100%</b>



- Helping Homebound Adults
- Guiding Grandparents
- Expanding Congregational Health Programs
- Supporting our Services (M & G)
- Caring for Caregivers
- Sustaining & Expanding Services (*Fundraising*)

Duet volunteers donated over \$1,243,847 in time to the community during 2013 (*Independent Sector: The Value of Volunteer Time*). Their contributions helped Arizona taxpayers save tens of millions of dollars through Duet's varied free-of-charge services.

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**LEGACY CIRCLE**  
 .....

Duet recognizes those individuals whose foresight will result in services for older adults and family caregivers well into the future. The Legacy Circle listing includes people who have named Duet in their estate plans or made an outright gift to Duet's Endowment Fund through December 31, 2013.

**WE'RE PROUD TO  
 THANK OUR LEGACY  
 CIRCLE MEMBERS:**

- Angela Brock Adams\*
- Meryl Ahart
- Mason & Donna\*Anderson
- Adelaine M. Bahr\*
- Steve & Judy Baker
- Elizabeth Banta
- Charles Barnhart
- Wilma Basnett Emerson
- Liz Bebo
- Martha Bern
- Cathy Bertucci
- Linda Bliss
- Ann Boal
- Sandy & Chuck Bonstelle
- Warren\* & Lynne\* Brown
- Barbara Busse\*
- Dosia Carlson
- Barbara Carpenter
- Gracie Carter
- Ilau Clark\*
- Thomas\* & Dorothea\*Clarke
- Darlene Cobb
- Jeff Dennis\*
- Nancy Nelson Elsenheimer
- Jean Fouche
- Virginia Gallagher\*
- Darlene & Chris George
- Joyce Glazner
- Florence Gunt\*
- Susan & Nestor Guzman
- Lillian Henry\*
- Donna Heppermann
- Mary Gertrude Hindelang
- Douglas Jardine
- Mary Ellen Johnson
- April & Tom Jones
- Michelle Leigh
- Billie Marsh\*
- Peter Mather
- Frances McClelland\*

- Dorothy M. Miller
- Frances A. Nichols\*
- Hugo Nocito
- Joseph & Miriam Palmer
- Dennis Parker
- Marion Pease
- Barbara & Myron Petersen
- Kristine & Leland Peterson
- Judy Ridgway
- Betty Robinson\*
- Marty & Roberta Scharf
- Vickie Scott
- Barbara Shovers
- Anita Silverthorn\*
- Edie Smith\*
- Edward Splain\*
- Caryl Steere\*
- Laraine Stewart
- Ann Stiles
- Bill Strong
- Kathryn Thompson
- Marion Westover\*
- Anonymous (4)

\*In Memoriam

.....  
**INDIVIDUAL GIFTS**  
 .....

We extend our deep appreciation to all individuals, corporations, foundations, congregations, and other donors who helped Duet serve people in need in 2013. Listings include donations, underwriting, sponsorships, tribute gifts and fundraising event ticket purchases.

**Visionary  
 \$10,000+**

- Lynn Brown (*estate gift*)
- Pauline Finney

.....  
**Champion  
 \$5,000 - \$9,999**

- Anonymous
- Lou Jennings
- Marion Pease

.....  
**Steward  
 \$2,000 - \$4,999**

- Gary & Rhonda Anderson
- John & Kim Ashton
- Charles Emerson & Wilma Basnett Emerson

- Jim & Mary Lou Bessette
- Nestor & Susan Guzman
- William & Carol Heimann
- Joseph & Colleen Fenicle
- John & Sharon Kearns
- Pauline Komnenich
- David & Nicole Lynch
- William & Judith Owens
- Patricia Park
- Foster & Deborah Robberson
- Caryl Steere (*estate gift*)
- Betty Stewart
- Vernon & Cille Swaback
- Phillip & Sandra Terry
- D Rae Turley

.....  
**Benefactor  
 \$1,000 - \$1,999**

- Lynn Anderson
- Stephen & Judith Baker
- Elizabeth & Paul Banta
- Ann Boal
- Fred & Sally Cohill
- Philip & Ruth Crowley
- Philip & Ellen Ann Dean
- Joyce Glazner
- Kerry Halcomb
- Donna Heppermann
- Lynn Hoffman
- Jack & Lois Marks
- Crane & Deborah McClennen
- Doris McVey
- Walter Nieri
- Lee & Kristine Peterson
- Lillian Powell
- Jane Proctor
- Samuel Sage
- Arnold Schwartz
- Louis Self
- Brian & Sherri Shea
- Barbara Ann Shovers
- Brad & Lyn Smith
- Roseanne Sonchik
- Lloyd & Janet Spangler
- Jerry & Lynda Svendsen
- William & Kathleen Tabinsky
- Lynn Sauder Vanda
- Gary & Linda Watko

.....  
**Partner  
 \$400 - \$999**

- Barry Abbott
- James & Margaret Adams
- Meryl Ahart
- Neal Alagja
- John & Karen Anderson

- Terry Anderson
- Bruce & Connie Baldwin
- Bruce & Linda Bear
- Liz Bebo
- Laverna Beckman
- Gayle Bentley
- Alison Best
- Charles & Julie Blake
- Brenda Brandt
- Greg & Lisa Buck
- Margene Candela
- Dosia Carlson
- Doris Chacon
- Robert & Linda Cherner
- Robert & Joyce Clark
- Wesley Clelland III
- Beverly Cooper
- Linda Coughenour
- Daniel Danch
- Jesse Davis
- Michael & Judy Davis
- Michael & Cathy DeLisa
- Donald Dhondt
- Susan Dinquel
- Karen & Tom Domschke
- James & Edra Drake
- Wilma Edwards
- Katherine Emery
- Dean Fairchild
- Ron & Judy Gawlitta
- Chris & Darlene George
- Clare Goldsberry
- Kelly & George Griffeth
- Howard & Anina Gullickson
- Ingrid Haas
- Monique Hafler
- Graeme & Carla Hancock
- Stephanie Henderson
- Peter & Sally Hineman
- Nancy Holloran
- Wayne & Leah Hoover
- Jerry & Barbara Hostetler
- Paul & Sherry Hottenstein
- Carol Hullihen
- Joell Ireland
- Jene & Millie Jacoby
- Chet & Barbara Jaehrig
- Rod & Pam Jones
- Sherwin & Joanne Kaufman
- Ruthellen Keiser
- Emily Kile
- Matthew & Jennifer Klandrud
- Joanita Kleist
- Michael & Cindy Kraft
- Jennifer Kupiszewski
- Debbie Landesman
- Jose Leis
- James Lind



Diane Linn  
Luis & Shannon Lorenzo-Rivero  
John & Evelyn Lucking  
JoEllen Lynn  
Charles Maggs  
Scott & Elaine Mardian  
Hernan Medina & Claudia  
Martinez  
John McNeill  
Chris & Susan Moeser  
Mary Lou Moore  
Joe Moroney  
Joseph & Susan Morton  
Daniel & Elizabeth Mullen  
Dennis & Joyce Nichols  
Nathaniel Nickle  
John & Karen O'Donnell  
Richard & Zeldia Ormsby  
Larry & Anita Osa  
Christina Palacios  
Joseph & Miriam Palmer  
Shirley Passell  
Allen & Jeanne Passon  
Patricia Pecqueux  
Dave & Pam Piller  
Frank & Rae Rader  
J. Joy Ricci  
Karen & Eugene Richards  
Judy Ridgway  
Timothy & Celesta Rowland  
John & Jo Ruby  
April Ryan  
T J & Mary Sadvary  
Alfonso & Cynthia Sapia-Bosch  
Ronald & Meredith Sassano  
Martin & Roberta Scharf  
Marcus Schmidt  
Stephen & Eva Scholfield  
Elisa Schooner  
Judson & Hester Scott  
William & Sherry Shaner  
Eleanor Simonson  
Shirley Simpson  
Robert & Kathryn Simpson  
Lois Sittu  
Stephanie Small  
Darrell & Mary Catherine Smith  
Dave Hrabec & Sandy Somers  
Denise Sottile  
Nancy Splain  
Chuck & Ava Stanford  
Jerre & Mary Stead  
Ann Stiles  
Kathryn Thompson  
Don & Velma Trotter  
Edward & Iris Van  
Robert & Patricia Wallace  
Kevin & Judith Wandler  
Sharon Watkins

Lizabeth Bell & Patrick Waugh  
Joan West  
Chrystal Wilder  
Elaine Williams  
Ila Wist  
Burrell & Julie Wolk  
Beth Jo Zeitzer

.....  
**Guardian**  
**\$200 - \$399**

Kenneth & Priscilla Allison  
Tera Anderson  
Diana Armenta  
Marc & Lisa Ashton  
Martha Baker  
Margery Bayless  
Martha Bern  
Jean Black  
James & Shari Blinka  
Sandra Blum  
Charles & Sandra Bonstelle  
Helen Boorman  
Joan Brennan  
Jane Brennan  
Gene Bronski  
Joseph Brown  
Katie Brunstein  
Donald & Mary Buck  
Kenneth & Norma Buckwald  
Laura Burgard  
Leroy & Rita Calbom  
Paul & Barbara Carpenter  
Mary & Bruce Cartwright  
James Casey  
Camille Chavez  
Martha Chavez  
Joseph & Frances Cherrick  
John & Debra Anders  
Christiansen  
Linda Christianson  
Lillie Mae Cobbs  
Alan Cochrane  
Ben & Leslie Cooper  
Daniel Corcoran  
Anne Corssen  
Cheri Van Sant & Peter Curia  
Rita Daninger  
Jack & Sarah Davis  
Roxanne Davis  
Grace Davis  
Debbra Determan  
Sylvia Dominguez  
Bill & Barbara Dowling  
Arthur & Joetta Downs  
James Doyle  
Shirley Dresbach  
Janice Dunlap  
Richard & Margaret Ebert

Nikki Evans  
Verna Evrard  
Bettijune Fanning  
Irma Feldman  
Delano Fernandez  
Jennifer Ford  
Denise Thompson Fowers  
John & Marita Gallagher  
Judith Gardner  
Holly Gibson  
Joele Goldman  
Richard & Rose Grangaard  
Robert Greiner  
Greg Hales  
Jim & Susan Hall  
Stanley & Nancy Hanshaw  
Janet Hanson  
Marianne Hanson  
Nancy Hardcastle  
Athia Hardt  
Phyllis Hardy  
Mary Kay Harker  
Jeffrey & Pam Hart  
David & Sara Haskins  
Hazel dell Heinz  
Sheila Krueger & Paul Hennings  
Eleanor Higgins  
Sandra Hoffman  
Jack Craven & Cara Holland  
Susan Hunt  
Ken & Nancy Husband  
Carol Johnson  
Jeana Jones  
Patsy Jones  
Ted & Cynthia Jones  
Daniel & Laurie Joseph  
Alpha Jouret  
Earnestine Judge  
Sandra Kernagis  
Peter & Mary Killeen  
Randall Kincaid  
John H Knight  
Anna Kramer  
John Kramar  
Stephen Kunkle  
Nancy Kurke  
Velma (Beth) Kwart  
Lorrie Lambertson  
James & Penny Langdal  
Victoria Larson  
Susan Leader  
Donald & Sandra Lebowitz  
Carolyn Lefever  
Malcom & Mary Leshin  
Mary Ann Lindamood  
David Lucente  
Mark & Jamey MacLeod  
Robert Martin  
Jane Matthis

Gary & Martha McCrea  
James McNamee  
Emily Milardovich  
Sherrell Miller  
Colleen Miller  
Mary Ann Morin  
Susan Mortenson  
Perry & Dee Mumme  
John & Judith Nance  
Jason Nash  
Arlen Neimy  
Janet Nelson  
Hugo & Helen Nocito  
Polly Norton  
Paul & Vicky Okamoto  
Tammy O'Neal  
Madelin Page  
Robert Paull  
Louise Pelissier  
Jody Pelusi  
Myron & Barbara Petersen  
Joe & Beth Porter  
Paula Porter  
Barbara Randall  
Gerda Ray  
Susan Reckinger  
David & Shirley Regonini  
Curt Renz  
John & Gerri Richards  
Randy Ridder  
Esther Rings  
J. Carmelina Rivera  
Sheila Roberts  
David & Joanne Robinson  
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Walter & Marina Schuster  
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Lyle Sharp  
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Toni Shell  
Myron & Sondra Shlachter  
Phillip Slater  
Geraldine Smith  
Maria Smith  
Evelyn Sowell  
Janelle Spangler-Flora  
Sherri Spicer  
Greg & Pat Stewart  
William Strong  
Karen Swaine  
Richard Taylor  
George & Dagmar Teply  
Marcia Traer  
Roni Tropper

Glen & Pamela Turner  
 Peggy Ullmann  
 Joan Valentine  
 Jaromira Vanicek  
 Lori Waldberg  
 Gerald & Naomi Weiner  
 Barry & Sandra Welch  
 Anne-Marie Wenzel  
 Betty B. West  
 William Wiley  
 Mary Wilson  
 Martin Wojcik  
 Rhonda Younger

**CORPORATIONS,  
 FOUNDATIONS, AND  
 GOVERNMENT SOURCES**

**\$20,000 & above**

Area Agency On Aging,  
 Region One  
 First Things First (*in partnership  
 with Benevilla*)  
 City of Glendale  
 City of Phoenix  
 Dignity Health  
 Gila River Indian Community  
 Nina Mason Pulliam Charitable  
 Trust  
 Virginia G Piper Charitable Trust

**\$10,000 to \$19,999**

American Express Charitable  
 Fund  
 Arizona Community Foundation  
 City of Scottsdale  
 Home Instead Senior Care  
 Foundation  
 Shamrock Foods Company  
 SRP and SRP Employee  
 Boosters Association  
 The Arizona Republic/12 News  
 Season for Sharing  
 Valley of the Sun United Way  
 Willard E Smucker Foundation

**\$5,000 to \$9,999**

Blue Cross Blue Shield  
 of Arizona  
 Coyotes Charities  
 Desert Schools Federal  
 Credit Union  
 From the Heart (*City  
 of Glendale*)

Fry's Food  
 Nordstrom Inc.  
 Volunteer Nonprofit Service  
 Association (VNSA)

**\$1,000 to \$4,999**

Ashton Tiffany, LLC  
 Beatitudes Campus  
 Belmont Village Scottsdale  
 BMO Private Bank  
 Bridgeway Health Solutions  
 Central Arizona Project  
 City of Peoria  
 Cypress HomeCare Solutions  
 Freeport-McMoRan Copper  
 & Gold  
 Hospice of Arizona  
 Hospice of the Valley  
 Kile & Kupiszewski Law Firm PC  
 North Phoenix Pediatric  
 Dentistry  
 Northern Trust  
 Pacifica Senior Living at  
 Paradise Valley  
 Pacifica Senior Living at Peoria  
 Ridgecrest Healthcare  
 Ringler Associates Phoenix, Inc.  
 Scottsdale Insurance/Nationwide  
 Insurance Foundation  
 Steptoe & Johnson LLP  
 The Sundt Foundation  
 The Vineyard Family Foundation  
 Touching Hearts at Home  
 Valley of the Sun United Way

**Up to \$999**

Acacia Capital Corp  
 Adultcare Assistance Homecare  
 Agape Hospice & Palliative  
 Care, LLC  
 Albertsons  
 Amedisys Home Health Care  
 Phoenix  
 American Association of  
 Univeristy Women  
 Glendale Branch America's  
 Charities  
 Arizona Bridge to  
 Independent Living  
 Arizona Chapter of CPCU Society  
 Arizona Combined Federal  
 Campaign  
 Arizona Machine & Fabrication, Inc.  
 Arizona Children's Association  
 Aurora Behavioral Health  
 Systems, LLC  
 Banner Health

BBVA Compass  
 Best Funeral Services - Peoria  
 Bright Horizons Foundation  
 For Children  
 Care Corner Personal Services  
 CareMore Health Plan of  
 Arizona, Inc  
 Carondelet Health Network  
 CenturyLink  
 Child Crisis Center East Valley, Inc.  
 Children's Action Alliance  
 Comfort Plus, Inc.  
 Desired Resources  
 Early Warning Services  
 Emerald Security Group  
 Epilepsy Outreach Project Inc  
 eScrip  
 Evercare Hospice & Paliative Care  
 Family Healthreach, Inc.  
 Fash Mob LLC  
 Fennemore Craig Foundation  
 Gannett Foundation  
 Gentiva Odyssey Hospice  
 Golf for Cause  
 GoodSearch  
 Hansen Mortuary, Inc.  
 Haven Senior Horizons  
 Heart & Soul Home Care of Arizona  
 Home Instead Senior Care  
 Homewatch CareGivers  
 Honeywell Hometown Solutions  
 Hospice of the West  
 In-Home Care Alliance  
 KC's Home Health Care  
 LifeLegacy Foundation  
 Maricopa County Combined  
 Federal Campaign  
 Next Steps Senior Living Advisors  
 Nightingale Homecare  
 Northern Trust  
 Razoo Foundation  
 SCAN Health Plan Arizona  
 Senior B2B Networking, LLC  
 Sonora Quest Laboratories, LLC  
 Soulistic Hospice  
 Southwest Human Development, Inc  
 Staples  
 State Employee Charitable  
 Campaign  
 Sun Health  
 Thrivent Federal Credit Union  
 Thrivent Financial Foundation  
 TMC Hospice  
 UPTOHIM Ministries  
 Valley of the Sun Homecare  
 Walls and Ceilings MD, LLC  
 Wells Fargo Community  
 Support Campaign

**CONGREGATIONAL  
 DONORS**

All Saints' Episcopal Church  
 Central United Methodist Church  
 Christ Church of The Ascension  
 Christ Church of the Valley  
 Church of the Ascension  
 Church of the Beatitudes  
 United Church of Christ  
 Dove of the Desert United  
 Methodist Church  
 First Christian Church  
 First Congregational United  
 Church of Christ  
 First Presbyterian Church  
 of Peoria  
 First United Methodist Church,  
 Phoenix  
 Orangewood Presbyterian Church  
 Our Lady of Perpetual Help  
 Parish  
 Palo Cristi Presbyterian Church  
 Paradise Valley United Methodist  
 Church  
 Pinnacle Presbyterian Church  
 Prince of Peace Lutheran Church  
 St. James Parish Family  
 St. Joan of Arc Roman Catholic  
 Parish  
 St. Luke Roman Catholic Church  
 St. Patrick's Catholic Community  
 St. Paul's Catholic Church  
 St. Theresa Catholic Church  
 St. Thomas More Catholic Church  
 Trinity Mennonite Church  
 Unity Church of Sun City

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**2012-2013 DUET  
BOARD OF DIRECTORS**  
.....

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**Mr. Jack Marks**

Vice President of Development  
Beatitudes Campus

**President Elect**

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Financial Manager, Retired

**Secretary**

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Language Instructor  
Rio Salado Community College

**Treasurer**

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Vice President, Financial  
Consulting, Northern Trust

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Executive Director  
Duet: Partners In Health & Aging

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Marketing Consultant  
Wells Fargo Small Business  
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Osborn Elementary School District

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Community Volunteer

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Director  
SRP Consumer Affairs

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Underwriting Specialist  
Scottsdale Insurance Company

**Mr. Nestor Guzman**

Community Volunteer

**Ms. Carol Heimann**

Faith Community Nurse  
Resurrection Lutheran Church

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Thrivent Financial

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Home Instead Senior Care

**Mr. Nathaniel Nickle**

Attorney  
The Law Office of Nathaniel  
P. Nickle, PLLC

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Community Volunteer  
Parkinson's Disease Advocate

**Ms. Donna Rossi**

Reporter, CBS 5 News

**Ms. Janet Spangler**

Probate Consultant  
J & L Professional Services

**Ms. Joyce Vincent**

Community Volunteer

.....  
**2013 DUET STAFF**  
.....

**Elizabeth Banta**

Executive Director

**Julie Blake**

Director of Operations

**Tina Bronson**

Director of Communications

**Princess Crump**

Development Coordinator  
(as of 8/2013)

**Therese Davis**

Coordinator of Services

**Elaine Dinse**

Bookkeeper & Development  
Assistant

**Patricia Dominguez**

Director of Kinship Care Services

**Carol Houselog**

Executive Secretary

**Sherry Hottenstein**

Director of Congregational  
Health Services  
(as of 4/2013)

**Linda Lato**

Service Specialist

**Brett Petersen**

Director of Caregiver Services

**Rosalind Polston**

Kinship Care Specialist

**Sue Reckinger**

Director of Volunteer Services

**Ricardo Samano**

Transportation Coordinator

**Eva Scholfield**

Director of Development

**Joyce Sopilnick**

Administrative Assistant

**Virginia Torres**

Receptionist and Secretary

**Beth Tucker**

Computer & Handyperson  
Coordinator

**Denise Viker**

Director of Congregational  
Health Services  
(through 10/2013)

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**2013 AGEWORKS  
PARTNER IN SERVICE**  
.....

Roberta Yancy

.....  
**2013 AWARDS AND  
RECOGNITION**  
.....

**Liz Bebo**

Dosia Carlson KARED About Award

**City of Phoenix**

Jeff Dennis Community  
Vision Award





**Duet**  
Partners In Health & Aging

Duet  
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Phoenix, AZ 85021  
(602) 274-5022  
[www.duetaz.org](http://www.duetaz.org)

Our mission is to promote health and well-being through a broad range of services to homebound adults, caregivers, faith communities and grandparents raising grandchildren.