



FOR IMMEDIATE RELEASE

June 30, 2011

VOLUNTEERS URGENTLY NEEDED TO HELP HOMEBOUND SENIORS

(Phoenix, AZ-) Duet is urgently seeking volunteers to assist a growing list of homebound seniors who need help. During summer months, many of Duet's volunteers travel. Additionally, more and more people are requesting Duet's volunteer services.

Duet invites you to become a volunteer on Saturday, July 16. By attending a one-time orientation, you can make a difference in the lives of seniors affected by disease, disability or lack of transportation.

There is an immediate need throughout the Valley for volunteers to help with in-home services such as grocery shopping, minor home repairs, rides to doctor appointments, computer training and friendly visits. Dozens of homebound seniors are waiting to be paired with a caring volunteer.

Attend an orientation and learn how to help these neighbors and get involved with a rewarding and life-changing volunteer experience. Visit www.duetaz.org for more information. Click on the *Ongoing Services Map* that shows who need help in your area.

- WHO:** Adult volunteers who are interested in providing one-on-one help to seniors.
- WHAT:** Duet Volunteer Orientation - Volunteers are trained to help homebound adults who need assistance. Following orientation, volunteers will be paired with someone in their area who needs assistance. Volunteers help "neighbors" with things such as grocery shopping or a ride to the doctor.
- WHERE:** Duet office, Church of the Beatitudes, 555 W. Glendale Avenue, Phoenix, AZ 85021
- WHEN:** Saturday, July 16, 9 - 11:30 a.m.
- WHY:** There are hundreds of older adults throughout the Valley who require immediate assistance with transportation, getting groceries, or simply need a friendly companion.
- HOW:** To register for the volunteer orientation call (602) 274-5022 or visit www.duetaz.org. Please bring your driver's license and reference phone numbers.

Duet™ is a local non-profit organization that promotes health and well-being through a broad range of services to homebound adults, caregivers, faith communities and grandparents raising grandchildren. www.duetaz.org

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