



**Duet**  
Partners In Health & Aging

**FOR IMMEDIATE RELEASE**

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**MEDIA CONTACT:**

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**URGENT PLEA FOR VOLUNTEERS**  
**VALLEY SENIORS NEED YOUR HELP**

**(Phoenix, AZ-)** Duet urgently needs volunteers to help seniors who are homebound because of disease, disability or lack of transportation. Last month, 50 people were waiting to be matched with caring volunteers. Now there are 95 people on the waiting list who are in desperate need for your help.

This number is growing as volunteers begin leaving for summer vacation and more people are calling for assistance.

Volunteers help with free, in-home services such as grocery shopping, home repairs, rides to doctor appointments, computer training and friendly visits. Simply attend a volunteer orientation and you can better the life of a homebound adult in your neighborhood. Duet will match you with a senior who lives nearby.

To see who needs your help, visit [duetaz.org](http://duetaz.org) and view our interactive service map. This map shows our current waiting list of homebound adults who need caring volunteers - just like you.

**WHO:** Caring volunteers who want to help homebound adults in need.

**WHAT:** An urgent plea for volunteers. To volunteer, you must attend a one-time only orientation. Duet trains volunteers who want to help older adults in their neighborhood on how to provide services such as rides to doctor appointments, grocery shopping and friendly visits.

**WHEN &** **Upcoming Volunteer Orientations**

**WHERE:** June 12, Saturday, 9 – 11:30 a.m., St. Mary's Episcopal Church, 6501 N. 39<sup>th</sup> Ave., Phoenix, AZ 85019

July 15, Thursday, 9 – 11:30 a.m., Church of the Beatitudes, 555 W. Glendale Ave., Phoenix, AZ 85021

August 14, Saturday, 9 – 11:30 a.m., Palo Cristi Presbyterian Church, 3535 E. Lincoln Dr., Paradise Valley, AZ 85253

October 23, Saturday, 9 – 11:30 a.m., All Saints' Episcopal Church, 6300 N. Central Ave., Phoenix, AZ 85012

**WHY:** There is a growing number of people for immediate assistance. As volunteers begin to leave for summer vacation, more seniors are left with no transportation to the grocery store or doctor appointments.

**HOW:** To register call (602) 274-5022 or e-mail [volunteer@duetz.org](mailto:volunteer@duetz.org). Please bring daytime phone numbers for two local references, your driver license and proof of auto insurance.

Duet™ promotes health and well-being through a broad range of services to homebound adults, caregivers, faith communities and grandparents raising grandchildren. Services are available in Phoenix, Fountain Hills, Glendale, Litchfield Park, Paradise Valley, Peoria and Scottsdale. [www.duetaz.org](http://www.duetaz.org)

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